

Date: February 8, 2026, 8:30 AM and 10:30 AM

Today's Message: *"An Old Man's Valentine"*

Text: A Valentine's Day Study in God's Word Based on Psalm 18

"The old man" in the spotlight this morning is King David, the elderly human author of our text. The "Valentine" he's writing to is not one of his favorite wives like Abigail or Bathsheba, but rather his God, Yahweh, the Lover of his soul. That's why his song begins with this passionate declaration: "I love You, O Lord, my Strength" (v. 1).

The rest of this beautiful Hebrew hymn builds on that statement. In our study today, we want to explore together the four reasons David gives in this Psalm for loving the Lord:

I. Reason No. 1: Because God Gives **HIMSELF** to Us. – v. 1-3

II. Reason No. 2: Because God **HEARS** Our **PRAYERS**. – vv. 4-6, 7-19

III. Reason No. 3: Because God **REWARDS** Our **RIGHTEOUSNESS**. – vv. 20-29

IV. Reason No. 4: Because God **SUSTAINS** Us in Life's **STRUGGLES**. – vv. 37-39